

## Psychotherapists in Sugar Land, Missouri City, Houston

### **Andrea Skoglund, LCSW**

Other therapists in office space as well  
Some insurances accepted  
4502 Riverstone Boulevard, Suite 804  
Missouri City, TX 77459  
Phone: 832-413-6955  
[www.andreaskoglund.com](http://www.andreaskoglund.com)

### **Lynsay Gaines, LCSW (Saturday hours)**

4502 Riverstone Boulevard, Suite 804  
Missouri City, TX 77459  
[Legaines16@gmail.com](mailto:Legaines16@gmail.com)  
832-247-8066

### **Julie Ung, LMFT, LPC**

Missouri City Families Therapy  
3777 Sienna Parkway  
Missouri City, TX 77459  
[jung@missouricityfamilies.com](mailto:jung@missouricityfamilies.com)  
281-306-3762

### **Margaret M Warner, LPC**

Margaret Warner Counseling  
Accepts BCBS, Cigna, Aetna  
4502 Riverstone Suite 804  
Missouri City, TX 77459  
713-766-5751

### **Angela Koreth, LPC, Licensed Professional Counselor**

The Menninger Bellaire Clinic  
Out of network provider –  
6565 W Loop S, Bellaire, TX 77401  
Phone: 713-275-5634

### **Laila Narsi, LCSW**

The Mindful Self  
15200 Southwest Freeway, #266  
Sugar Land, TX 77479  
<http://www.themindfulself.com/>  
281-265-0090

### **Myrna Engler, LCSW**

1200 Binz St Suite 180  
Houston, TX 77004  
713-823-4148

Please note: This is not a comprehensive list – there are many excellent psychotherapists in the Houston area. I have not personally vetted most of these therapists, but have selected them based on location, reputation, educational background, etc. SDG