

**Relationship Therapists
Updated 4-14-2020**

**Center for Couples Therapy
University of Houston Clinical Psychology Department**

The Couples Check-up a comprehensive assessment of a couple's strength and weaknesses in communication and conflict. Involves completion of questionnaires designed to tap the key relationship dimensions, observations of the couple's communication around issues of conflict and measures of psychophysiological functional that reflect patterns of emotional arousal. Information gathered from husband and wife separately; once completed, a comprehensive written report summarizing these findings is prepared and discussed with the couple in a feedback session with a licensed psychologist (\$450) or graduate student (\$300). From there, recommendations are made to strengthen the relationship.

<https://www.uh.edu/class/psychology/clinical-psych/research/couples/>

Other U of H resources: Low-fee couples multi-couple group therapy Monday evenings 6-8 pm, \$40 / couple / session; program runs for 12 weeks. Wednesday evening – couples group sliding scale \$40 - \$100 / couple. Low-fee individual couples therapy Tuesday and Fridays U of H campus sliding scale starting at \$40 / couple

**Andrea Skoglund, LCSW
Other therapists in office space as well**

Some insurances accepted
4502 Riverstone Boulevard, Suite 804
Missouri City, TX 77459
Phone: 832-413-6955
www.andreaskoglund.com

**Margaret M Warner, LPC
Margaret Warner Counseling**

Accepts BCBS, Cigna, Aetna
4502 Riverstone Suite 804
Missouri City, TX 77459
713-766-5751

**Angela Koreth, LPC, Licensed Professional Counselor
The Menninger Bellaire Clinic**

Out of network provider –
6565 W Loop S, Bellaire, TX 77401
Phone: 713-275-5634

**Sugar Land Integrated Counseling
Brent Cane, LMFT**

Currently accepts BCBS – in the process of paneling with other insurances so call
52 Sugar Creek Center Blvd #250
Sugar Land, TX 77478
Phone: 281-937-4133

Glenn E Boyd, LMFT, PhD
Marriage and Family Therapists

Accepts insurances
2245 Texas Drive, Suite 300
Sugar Land, TX 77479
832-539-7839

Houston Psychologists, Marriage and Couples Counseling Specialists: Chuck Gray, PhD & Associates

Some psychologists in network with BlueCrossBlueShield PPO and Medicare Part B
Otherwise Rate \$180-190 / 55 minute session
8303 Southwest Freeway, Suite 330
Phone: 713-774-2122

Sugar Bend Center (Group of excellent psychologists, LMFT, LCSW)

Possibly take insurance, not clear – call
12946 Dairy Ashford Road Suite 260
Sugar Land, TX 77479
Phone: 281-242-2595

Brenda Moreno, LPC
Brenda Moreno Counseling

Out of network provider
Couples and family counseling \$120 50 minutes
120 Eldridge Road, Sugar Land, TX 77478
Phone: 832-420-8680

Brighter Tomorrows
Iristella Rodriguez, LMFT

Some insurances accepted
4502 Riverstone Boulevard Suite 902
Missouri City, TX 77459
www.brightertomorrowcounseling.com

Rune Moelbak, PhD, Clinical Psychologist
Better Therapy

Out of network provider – sessions 1 hour 20 mins \$250
3400 Bissonnet Street, #270
Houston, TX 77005
713-766-1251
http://www.bettertherapy.com/couples_therapy.html

Please note: This is not a comprehensive list – there are many excellent Relationship, Marriage and Family therapists in the Houston area. I have not personally vetted most of these therapists, but have selected them based on location, reputation, educational background, etc. SDG